

Take action if you're exposed to COVID-19

EVERYONE:

Watch for symptoms for 10 days



Wear a mask around others indoors for 10 days

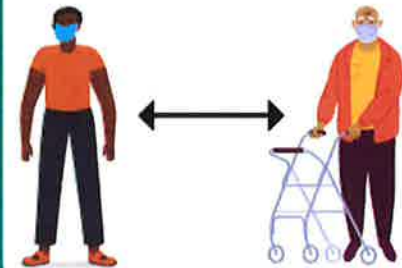


Test 5 days after exposure (or sooner if you have symptoms)



If positive, follow isolation guidance

Take extra precautions for 10 days when around people more likely to get very sick



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Take action if you test positive

DAY 0



Everyone:
Stay home and away from others (isolate)

People at high risk for severe illness:
Talk to your doctor about treatment

End isolation on day 6 or later if you never had symptoms or if you are fever-free for 24 hours and other symptoms improved



Everyone through day 10:

- Wear a mask OR use 2 negative antigen tests to decide when to stop wearing a mask
- Avoid people at high risk of getting very sick

DAY 11 or later



See CDC's isolation guidance for more info:

bit.ly/COVID19isolation

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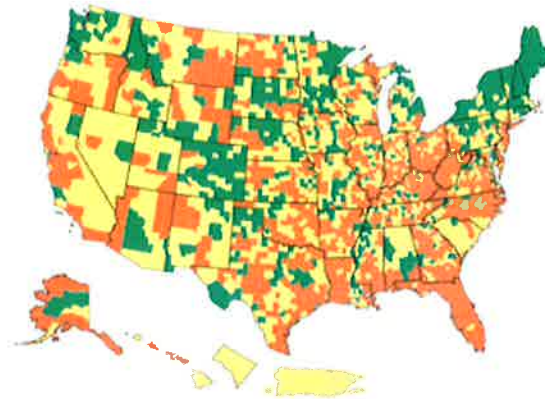
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Know your risk for serious illness with COVID-19

Check out CDC's list of conditions that may increase your risk for serious illness



Use your COVID-19 Community Level to decide what protective actions to take



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