

# INDIAN NATION

Carlisle Local School District

Winter 2017

## Planning for Our New School in High Gear

By Larry R. Hook,  
Superintendent

A day doesn't go by that I am approached by a staff member or someone from the community asking about the progress of our new school building project. It certainly is an exciting time for everyone in Carlisle and our greater "Indian Nation." As I have said since prior to passage of the bond issue in May of 2017, that the process takes at least 3 years. One year in the planning and two years in actual construction. I am pleased to say that we are right on schedule. Although we don't see ground breaking yet, the planning is now kicking into high gear.



Since the passage of the bond issue, the very first thing that had to take place was the process to get bonds to the market place, sell them and to set up our financial accounts. This process is arduous and takes approximately 90 days. Since the oversight of this process is controlled by the Securities and Exchange Commission (SEC), it is critical that it is done properly. This part of the process was completed in August. At the same time, the state of Ohio was putting in place the financial approvals and accounting process so that the \$29 million dollars that we will receive from the state will flow properly as we prepare for the architectural design, site preparation and construction phase. Since the Ohio Facilities Construction Commission is a co-owner on this project they are the ones that coordinate this planning so that construction will go smoothly. Once the project is completed (estimated to be mid-summer of 2020) they turn 100% of the building over to us and so we are the sole owner of this wonderful new building for generations to come.

As of the writing of this article, we have formally hired SHP (Steed Hammond Paul) as our architectural firm. When this became formalized, I took the architects on a tour of every inch of our property so they could begin creating ideas for the "footprint" of our new building. Since that time SHP has been working on the next phase, which will be to organize focus groups to gather input into the design phase for the new building. This process will likely last for several months and is critical as they begin to take our thoughts and put that into actual "blue prints." Currently, Jeff Parker, of SHP is beginning a phase called Educational Visioning which will kick off in November. It is a group that will consist of educators, parents, administrators and community members that will look at the current trends and project future trends in education as it relates to design.

At the same time that this planning phase is kicking into high gear, our search for a construction manager that will handle the actual construction phase of the project continues in earnest. On October 26th, the RFQ (Request for Qualifications) for our construction manager closed and the OFCC and our team from Carlisle will begin the process of evaluation and interviewing potential companies and our selection will take place sometime in December. The selection of the construction manager will NOT slow down the process of architectural planning.

As we continue down the "construction" path, I have created an ongoing update on our school website. Go to [www.carlisleindians.org](http://www.carlisleindians.org) and under District News, click on the construction update. I plan to update the information on a continual basis until we move into the new facilities. Eventually, once we hit the construction phase, I will post pictures as well. Additionally, I will "tweet" out updates as they happen on Twitter. Be sure to follow us on Twitter @CarlisleLocal and stay informed.



# School Nurse Notes

Submitted by Nurse Rebecca Baker, RN

Attending school on a regular basis is important for each child's academic and social development. Parents often have trouble deciding whether their child is too ill to go to school. Your child is too sick to go to school and should remain home if any of these symptoms are present:

- Temperature of 100 degree or above. Once the child is fever free without medication and free of other symptoms for 24 hours he/she may return to school.
- Has persistent pain from earache, headache, sore throat or recent injury
- Has a cough that interferes with the child's daily routine
- Vomiting or diarrhea. Child must be symptom free for 24 hours before they can return to school.
- Has green or yellow drainage from the eyes
- Has broken out in an unknown/contagious rash
- Has a contagious disease such as chickenpox, strep throat, or pinkeye they must be on antibiotics for 24 hours before returning to school for infectious illnesses.



If your child has any of these symptoms while at school, they will be sent home. If your child is sent home from school with a fever they should be fever-free without medication for 24 hours before returning.

## Eating Healthy

It is a good idea to get into the habit of eating healthy. Eating healthy not only makes you feel good, look good, and do your best in school, work, and sports but also may decrease your risk of high blood pressure, stroke, heart attack, diabetes, and some cancers. Here are some helpful tips for eating healthy:

- Control your food portions - Avoid "super size" meals, avoid eating snacks straight out of the bag and instead put a serving size on a plate, avoid eating in front of the T.V., eat slowly so your brain can let your stomach know it is full
- Eat high-energy foods - Make half your plate full of veggies and fruit; choose whole grains; eat protein like chicken, turkey, eggs, nuts, tofu; eat low fat or fat free dairy like milk or yogurt
- Snack smart - try fresh apples, berries, grapes, walnuts, almonds, baby carrots, string cheese, low fat yogurt, peanut butter or whole wheat crackers
- Eat less pizza, candy, and fast food - you don't have to stop eating this but cut back due to the amount of sodium (processed foods and canned foods), solid fats (cakes, cookies, pizza, fries), and added sugars (sodas, snack cakes, brownies)
- Avoid skipping meals - eat breakfast every day, try packing your lunch to control portions, eat dinner with your family, be involved with meal planning and grocery shopping at home

*References: National Institute of Diabetes and Digestive and Kidney Diseases (2013). Take charge of your health: A guide for teenagers; Retrieved from [http://win.niddk.nih.gov/publications/take\\_charge.htm](http://win.niddk.nih.gov/publications/take_charge.htm)*

## Carlisle Local Schools welcomes two new administrators to our district ...



**John Augustine,**  
Athletic Director &  
HS Assistant Principal



**Gail French,**  
Food Service Director



# Food Service Tidbits

By Gail French,  
Food Service Director

## **BREAKFAST: Served Every School Day Morning!!**

Studies have shown that a good breakfast helps our students perform so much better in their entire school day experience. We make breakfast available in



all our schools and we urge every student to take advantage of this service. Feed them at home or encourage them to pick up a wholesome and nutritious breakfast at school. We want to help your kids succeed by giving them what they need to fuel their day!

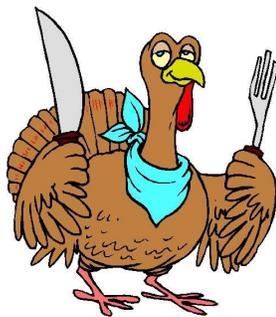
**VETERAN'S DAY** is around the corner and we would like to thank all our veterans for your service to our country and our community. Because of you we are free to pursue our dreams.

## **THANKSGIVING DINNER**

Carlisle Schools appreciates the wider community. Your support and involvement is making a difference in the lives of our students, and we are thankful for you. Thanksgiving is a great time to gather our community and share the many blessings we enjoy.

Once again, this year, we invite the community to a Thanksgiving Dinner at Grigsby Intermediate and Alden Brown.

On Friday, Nov. 17, everyone is welcome to enjoy turkey and all the fixin's. Adults are \$4 and children are \$3.25



*You can find more information on all of these items on our website under Food Department.*



**FALL BREAK**  
**November 20-24**

**WINTER BREAK**  
**December 21– January 3**



# New Staff at Alden Brown

By Mike Milner,  
Principal

Alden Brown Elementary would like to recognize the two newest additions to our teaching staff, Mr. Dan Kerns and Mrs. Brandy Osborne. Both teachers are in their first year teaching at Alden Brown. Mr. Kerns is an Intervention Specialist and Mrs. Osborne is a Pre-School teacher.

First off, I'd like to introduce Mr. Kerns. Mr. Kerns' wife, Brianne, works at Centerville High School as a science teacher. They have a cat named Boots, and two dogs, a Shi Tzu named Brutus and a Golden Doodle named Maggie. Mr. Kerns loves sports and the outdoors. He coaches football and baseball. Mr. Kerns loves to see children in his classroom learn something new! He says the staff at Alden Brown is awesome, and feels that the community is great as well!



Secondly, I'd like for the readers to get to know Mrs. Osborne. She is in our building during the mornings only, teaching an AM pre-school class. She says that this is her first year to have her own pre-school classroom, but her third year teaching pre-school. She started her journey with Carlisle as a long-term substitute for pre-school three years ago and found that she loved being a part of the program, as well as the district. She has been married to her high school sweetheart for 15 years. They have two wonderful daughters who are 11 and 6, and a husky named Mercy Mae. Mrs. Osborne says that her favorite things to do are: spending time with family and friends, helping others, going to the beach, watching movies. She began her career in a different field but, after subbing at her daughter's school, realized that teaching should have been her first choice. She feels educating young minds is where she was meant to be, and is excited to be a part of the Carlisle district!



I encourage parents to say "hello" to Mr. Kerns and Mrs. Osborne if they get a chance. These teachers have been two great additions to the outstanding teaching staff at Alden Brown Elementary!

# What's Happening at Grigsby Intermediate?

By Shane Estep,  
Principal

We are off to a great start and, as you can see, we are also very busy. Please let us know if you have any questions and if time permits, please consider joining us for some or all of the exciting events taking place at Grigsby Intermediate.



November is a very busy month for Grigsby. Our annual Fall Fest will be Saturday, November 4 from 1-3 p.m. This event will be fun for the whole family (children of any age, parents, grandparents, etc.) with many games, prizes, music, and more. Please join us, and contact Grigsby PTO for additional information or to assist.

The annual Veterans Day tribute will take place on Friday, November 10. Children in grades 2-5 will attend this celebration at our school as we honor local veterans. Please let a veteran know, and if the veteran plans to attend the ceremony, contact the building secretary, Jovetta Wysong, at 937-746-8969 or via email at [Jovetta.Wysong@carlisleindians.org](mailto:Jovetta.Wysong@carlisleindians.org).

Friday, November 17, is set for the annual Thanksgiving Feast, which is always a hit. Details will be coming soon and we hope that you will consider joining us.

Parent-teacher conferences and book fair will also take place in November. Information will be coming soon regarding both.

December is shaping up to also be a busy month for Grigsby students and staff. Mobile Ed will be presenting an all-day physics program for our students to enjoy. Santa Shop will take place during the week of December 5. Most of the items for sale at the Santa Shop can be purchased for less than \$5. Our third grade music concert will be held on Monday, December 18 at 7 p.m. in the middle school auditorium.

In January, COSI on wheels will visit and offer a program called Weather Alert - Current Conditions." COSI On Wheels is a great program that has visited Grigsby each year since 2011. Students will get to take part in many different hands-on science experiments and explore the wonderful, but unpredictable, world of weather.

Join us if you can, and on behalf of our staff, I wish you and your family a very happy holiday season.



*Submitted Photo*

**Congratulations to our 8th Grade Football Team for finishing undefeated (8-0) for the second straight year and winning their second straight SWBL Championship.**

**The 8th grade players and coaches were 16-0 for their two middle school football seasons! Great job players and coaches!**

# Chamberlain Middle School Prepares for Successful 2017-18

By Dan Turner,  
Principal

WOW! What a great start of the school year! We have so many new faces, new programs, and new ideas going on at CMS. As we end our first quarter, we have many community members and faculty members that have had a big influence to our great start.

We want to thank all that will donate their time that will help during ReDo day. What is "ReDo day?" The Violence-Free Coalition of Warren County will bring the "ReDo Day" program to our 7th and 8th grade students November 13-14. Students and adult leaders (teachers, volunteers, youth leaders, retired teachers, etc.) experience a mixture of whole group and small group activities and games that promote equality, fairness, and anti-bullying.

Through the day's activities, students will learn that they have more in common with each other than they originally thought. Students will be encouraged to continue the ideas of ReDo (Respect, Engage, Defend, and Overcome) throughout the rest of the school year by creating an action plan. In the past, students have expressed that it was the best thing they have ever been a part of and they hope that everyone gets to experience it in the future.



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How can you help prepare your student for the state testing in the spring? First, you can go to this web site and practice with your student at <http://oh.portal.airast.org/ocba/>.

Second, help them to become familiar with the testing tabs and commands. The more you can help make your student familiar with this new testing format, the more it will benefit them this year, as well as in the future years to come.

Testing dates will be ELA April 16-27, Math/ Science will be April 30-May 11.

# Exciting Times for Students at Carlisle High School

By Brad Potter,  
Principal

So far 2017-2018 is proving to be a successful school year for students both academically and athletically.

Juniors and seniors have been receiving visits from colleges and universities over the last several weeks. More colleges and universities will be visiting throughout the year. Please see Mrs. Heather Allison or Ms. Traci Gray for additional dates and information.



An 8-week focus group on empowering young women by breaking down societal pressures while building positive self-esteem is being led by Ms. Gray. We hope that by encouraging young women they, too, know that they can go on to become great leaders and mentors.

The Marching Band has done well at the Buckeye Invitational held at Ohio State and they received second place in their class. They ended the evening by competing at the Miamisburg Invitational. They placed first in their class, won best music, best percussion, and best general effect.

Girls tennis finished 7-10 for the season. The golf team had a solid performance at the SWBL Tournament taking 2nd place. Cross country teams ran hard throughout the fall, and competed in the district race at Cedarville University October 21. Carlisle's volleyball program finished with their winningest record since 2008, ending the regular season at 8-14. Lady Indians Soccer Team had a great season finishing 8-8.

Fall Senior Night is Friday, October 27, prior to the home football game. Seniors and their parents will be recognized. It is open to all seniors who have participated in fall sports, marching band and color guard. We would like to extend our appreciation by allowing parents and players complimentary admission into the game. You MUST pick a Senior Night Form in the main office and have it returned to Mrs. Theresa Ball by Monday, October 23. A Lifetouch picture packet form is also available for pickup.

# Carlisle Teachers Are LIFELONG Learners

Submitted by Karen McKinley,  
Curriculum & Gifted Coordinator

A team of Carlisle teachers recently “went to school” and attended The Grid Method- Mastery based 2 day workshop. Developed by teacher and national presenter Mr Chad Ostrowski, The Grid Method is a way of planning and delivering instruction that allows breaks learning down into targeted skills and allows students to move at their own pace. One teacher commented, “This approach covers all of my students!”

## **Carlisle Local Schools-- honored and committed to support every child to success.**

### 1. Lifelong Learning Helps Teachers Face Challenges

“...Teachers who adopt a lifelong learning mindset have access to information and use it to collaborate with others. Learning teachers also view mistakes and challenges as part of the learning process rather than as failures.”

### 2. The Best Learning Happens on the Job

“...when they saw my own enthusiasm for learning, students were more inclined to learn from me. And that’s how my own happiness and growth has translated into the success of my students.”

### 3. Lifelong Learning Makes Big Transitions on the Job Easier to Process

“...when the time to adapt arrives, transitions are less bumpy.” Teaching is by far the career that demands the most flexibility as schedules, students, standards, and regulations change nearly constantly. Teachers have to think on their feet when students ask questions, and the only way that they can approach the daily challenges of their career is to be a lifelong learner.

### 4. Lifelong Learning Fosters Creativity

“... He references a study that shows that lifelong learning positively influences creativity in individuals, groups, organizations, and countries. He also contends that for people to thrive in the 21st century, they must have the ability to proficiently use new technologies and media; learning to use these new technologies and media is a key component of lifelong learning.”

### 5. Lifelong Learners Are Innovative Teachers

“... the days of teaching through rote memorization

and organizing the classroom with desks in rows are long gone. Teachers must adopt a lifelong learning mindset to continually push themselves to learn new ways of facilitating learning and increasing student engagement. By taking courses and collaborating with colleagues on creative teaching methods including collaborative learning environments, flipped classrooms, and student-centered learning situations, teachers will reap the benefits of adopting a lifelong learning mindset and being innovative educators.

“With all of the benefits and advantages that lifelong learners accrue, teachers who adopt this mentality are more than excellent educators: they’re excellent models for their students.”

*Lifelong Learning is a Crucial Educational Mindset*

*Article abridged, see full article at [http://](http://www.edudemic.com/lifelong-learning-educational-mindset/)*

*www.edudemic.com/lifelong-learning-educational-mindset;*

*By Edudemic Staff on January 2, 2015*



## **HOW TO REACH US:**

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**Food Service      Ext. 560**

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**Grigsby Intermediate    937-746-8969**

**Chamberlain Middle School    937-746-3227**

**Carlisle High School    937-746-4481**